



Ayurjani
Ayurveda Hospital

PRASAVARAKSHA PACKAGE

POST DELIVERY CARE



A close-up photograph showing a person's hands. The left hand holds a glass bottle wrapped in a yellow cloth, tilted to pour a golden liquid (oil) into the palm of the right hand. The background is softly blurred, showing a person lying down, suggesting a spa or medical setting.

SOOTHIKA PARICHARYA

Welcome to our Ayurveda post-delivery care program. We understand that postpartum care is an essential part of your recovery process and we are committed to providing you with the best possible care. Our Ayurveda post delivery care program is designed to help you recover from childbirth and support your overall well-being.

OUR SERVICES

We have both Hospital & Clinic services

Prasava Raksha can be Done

7 Days

After Normal delivery

14/15 Days

After Caesarean delivery

We provide treatments for

**7
Days**

**14
Days**

**21
Days**

**28
Days**

Our Packages

Basic Package

- ✓ SHAREERA ABHYANGAM (BODY MASSAGE)
- ✓ SHIRO ABHYANGAM (HEAD MASSAGE)
- ✓ MUGHA ABHYANGAM (FACE MASSAGE)
- ✓ MUGHA LEPAM (FACE PACK)
- ✓ SHIRO LEPAM (HAIR PACK)
- ✓ ABDOMINAL BINDING
- ✓ DOCTOR'S CONSULTATION
- ✓ ANJANAM
- ✓ THALAM
- ✓ MEDICATED STEAM BATH
- ✓ HERBAL FACIAL
- ✓ VETHUKULI (MEDICATED BATH)
- ✓ MARUNNUNDA AND KANJI
- ✓ LACTATIONAL COUNSELLING

- Complimentary Baby Bath & Massage

HOSPITAL SERVICE (IP)

PACKAGE	7 DAYS	14 DAYS	21 DAYS	28 DAYS
NON A/C	₹37,800	₹49,700	₹59,500	₹67,200
A/C	₹44,800	₹56,700	₹66,500	₹74,200

CLINIC SERVICE (DAYCARE)

PACKAGE	7 DAYS	14 DAYS	21 DAYS	28 DAYS
RATES	₹16,450	₹31,500	₹42,000	₹54,600

*Food and laundry for the mother and bystander are included in the package.

Our Packages

Premium Package

- ✓ SHAREERA ABHYANGAM (BODY MASSAGE)
- ✓ SHIRO ABHYANGAM (HEAD MASSAGE)
- ✓ MUGHA ABHYANGAM (FACE MASSAGE)
- ✓ MUGHA LEPAM (FACE PACK)
- ✓ SHIRO LEPAM (HAIR PACK)
- ✓ VETHUKULI (MEDICATED BATH)
- ✓ KIZHI
- ✓ ABDOMINAL BINDING
- ✓ DOCTOR'S CONSULATATION
- ✓ ANJANAM
- ✓ THALAM
- ✓ KESA DHOOPANAM
- ✓ DHOOMAPANAM
- ✓ MEDICATED STEAM BATH
- ✓ HERBAL FACIAL
- ✓ NJAVARATHEPPU
- ✓ MARUNNUNDA AND KANJI
- ✓ LACTATIONAL COUNSELLING

- Complimentary Baby Bath & Massage

HOSPITAL SERVICE (IP)

PACKAGE	7 DAYS	14 DAYS	21 DAYS	28 DAYS
NON A/C	₹40,600	₹55,300	₹67,900	₹78,400
A/C	₹47,600	₹62,300	₹74,900	₹85,400

CLINIC SERVICE (DAYCARE)

PACKAGE	7 DAYS	14 DAYS	21 DAYS	28 DAYS
RATES	₹17,150	₹32,900	₹47,250	₹60,200

*Food and laundry for the mother and bystander are included in the package.

KEY NOTES

- 1 Duties of our therapist's are strictly limited to therapeutic care.
- 2 Baby sitting is not included in this service.
- 3 Therapist may be interchanged as per the availability as advised by the doctors.
- 4 Internal medicines are charged separate for Clinic service (Daycare).
- 5 A bystander should accompany mother and baby.
- 6 Baby laundry is not included in the package, If needed will be charged separately.
- 7 Visitors are allowed only from 4.00 pm to 6:00 pm

PAYMENT DETAILS

For Booking : ₹3000 In Advance payment.
50% on the day of Admission.
Balance amount on or before 7th day
of admission.

N.B: The advance payment is Non- Refundable.

Payment Via G-pay: +91 8606310007

Bank Details: AYURJANI AYURVEDIC
ACCOUNT NO.: 50200028448930
IFSC CODE : HDFC0001515

Contact No: +91 9946838322
+91 8606310007



We invite you to learn more about our
Ayurveda post delivery care program and
schedule an appointment with our team of
experienced Ayurvedic practitioners

We look forward to helping you achieve
optimal Health And Wellness

OUR DOCTORS PANEL

DR. LEKHA DHARSAK, BAMS MD (AYU)

**DR. KEERTHI SUDHEER, BAMS,
MSC. PSYCHOLOGY**

DR. LOLITHA LAL, BAMS, FFAC

*"We promise a calm, warm, nourishing
environment for you and your baby rejuvenate and
revive with our authentic care"*

- Dr. LEKHA DHARSAK, Chief Physician